



*The Florida Association of Homes and Services for the Aging  
Innovation Exchange*

*Submission: Activities on Wheels*

<b>Name/Title of Submitter:</b>	<b>Diane I. Marcello, Administrator</b>
<b>Facility/Organization Name:</b>	<b>Sunnyside Nursing Home</b>
<b>Address:</b>	<b>5201 Bahia Vista St., Sarasota, FL 34232</b>
<b>Phone:</b>	<b>941-371-2729</b>
<b>FAX:</b>	<b>941-378-9728</b>
<b>E-mail:</b>	<b>dimsrq@aol.com</b>
<b>Date of Submission:</b>	<b>May 16, 2006</b>
<b>Title of Innovation:</b>	<b>Activities on Wheels</b>
<b>Topic for Submission:</b>	<b>Topic: Quality of Life</b>
<b>Audience:</b>	<b>Assisted Living Facilities Nursing Homes</b>

**1. Description of Innovation:**

We have put a new spin on an old idea. We have purchased two carts which have a variety of activities on each of them. Because activities are going to be a focus of the state this year we decided to get a head start and address residents who do not like to participate in group activities.

On our cart we have two or three CD players with a variety of music choices from religious to big band, etc. We have books on tape for the visually impaired, crossword puzzles, trivia sheets, word search puzzles, mini jigsaw puzzles, magazines of all types and large print books. The books cover a variety of topics including best seller novels. We also have large coffee table books on flowers and major cities. There are decks of cards, dominoes, and checkers for residents who wish to play with another person or a family members. We even have water colors for the artistic minded. Snacks like granola bars, cereal fruit bars, chocolate bars and cheese and crackers are also on the cart providing the residents for additional opportunities to snack during the day.

The carts visit the residents' rooms several times during the day. This allows activities staff to interact with the residents who choose to stay in their rooms. This also works well for our Medicare residents who don't have the energy to participate in group activities after an intensive day of therapy. It gives them the opportunity to choose something they might enjoy doing to help pass the time.

2. ***Budget:***

The cost was nominal. The carts cost \$40 each. The large print books were donated. The CD players were \$20 each (\$120). Music and magazines are donated. Games, puzzles snacks are nominal in cost. The total cost for the project did not exceed \$300.